

2nd February 2012



Gymnasts are flippin' excited for this year's Sport Relief

A team of gymnasts from Leeds put their own spin on the Sainsbury's Sport Relief Mile last night (Wednesday 1st February) with back-flips, somersaults and cartwheels around their sports hall.

The 12 youngsters aged 10 to 16 from Leeds Esprit Gymnastics Club, took time out from their training to prove you don't need to run the Sport Relief Mile but can add your own personal "twist" to taking part.

Dressed in Sport Relief t-shirts, socks and deeley boppers, the team raced against each other round the gym with high flying spins in the air and even back-flipped over the finish line.

Chris Walker, Head Coach at Leeds Esprit Gymnastics Club, was thrilled with her team's performance. Chris says: "Our gymnasts had a really great time creating their own version of the Sport Relief Mile. They're currently hard at work training for a major gymnastics competition so it was nice to have this break and get involved in something so quirky and fun, that's what Sport Relief is all about! Hopefully thousands more people will get into the spirit by taking part in the Leeds Mile, but perhaps they'd prefer to run or walk than back-flip it!"

This year, over one million people are expected to pull up their Sport Relief socks and take part in the Sainsbury's Sport Relief Mile to raise vital funds for vulnerable people right here in Leeds, across the UK and in the world's poorest countries. Enter the Leeds Mile, or one of dozens of Mile events happening all over Yorkshire, right now at www.sportrelief.com.

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Photo captions: Gymnasts from Leeds Esprit Gymnastics Club put their own spin on the Sport Relief Mile

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Notes to editors

About Sport Relief

As the nation celebrates the biggest ever year of sport, the entire country can join in the fun with Sport Relief 2012 from Friday 23rd to Sunday 25th March.

Over one million men, women and kids are expected to take part in the Sainsbury's Sport Relief Mile as they raise cash to change lives at home and across the world's poorest countries. And, with a whole weekend of top Sport Relief telly planned across the BBC, it's all set to be huge.

From David Walliams' Thames swim to Eddie Izzard's 43 marathons in 51 days, Sport Relief has a unique history of brave celebrities taking on gruelling physical challenges to raise cash and change lives. Sport Relief 2012 will be no exception with The BT Sport Relief challenges, a series of celebrity endurance feats.

Visit sportrelief.com to keep up with the latest news.

Sport Relief is an initiative of Comic Relief, registered charity 326568 (England/Wales); SC039730 (Scotland).